

HOSPITAL SECTION

UNANI DEPARTMENTS-

S.NO.	NAME OF THE DEPARTMENT
1.	MOALIJJAT(Medicine)
2.	AMRAZ-E-NISWAN-WA-QABALAT (Gynae. & Obstetrics)
3.	ILMUL ATFAL (Paediatrics)
4.	JARAHAT(Surgery)
5.	AIN-UZN –ANAF- HALAQ (Eye & ENT)
6.	AMRAZ-E–JILD-WA-TAZEENIYAT (Dermatology, VD)
7.	ILAJ-BIT-TADABEER (Regimental Therapy)
8.	TAHAFFUZI-WA-SAMAJI TIBB(Preventive and Social Medicine)

NAME OF DEPARTMENT : MOALIJJAT (MEDICINE)

INTRODUCTION :

There is a 150 bedded hospital with new centralized AC OPD for the purpose of clinical training of student in outpatient and inpatient departments under govt. of NCT Delhi. Apart from the treatment of the patients to provide medical care through unani system of medicine to the suffering humanity rendering free of cost. Our department is well equipped with advanced x ray, USG, ECG and pathological investigations with ambulance facility. The Moalijat(Medicine) OPD caters to the maximum number of patients attending the hospital .The average number of patients attending the Moalijat(Medicine) OPD excluding the superspeciality OPDs is around 1200 per week, and substantial number of patient are admitted in the hospital for training of UG and PG students and treating purposes. Department of moalijat has a vision to develop specialty in different field of moalijat like GIT disorders, liver disorders, preventive cardiology, metabolic and life style disease, adjuvant therapy to improve immune system etc. in addition to the above, amraz-e-Nafsi(Psychosomatic disorder) is one of the field of specialization which requires much attention , according to WHO report around 13 crore Indians are suffering from some form of mental illness like depression and anxiety syndrome to psychosomatic disorders and schizophrenia, in 2020 depression is expected to become 2nd largest illness in the world. Hence the expertise in this field will be the demand of future. Similarly sexual and hormonal disorders are becoming more common due to stress and strain of modern era.

FACILITIES:

- X-RAY
- ECG
- USG
- Diagnostic & Clinical Laboratories
- Physiotherapy unit & Ambulance Service.

SPECIALITIES :

- GIT disorder
- Liver disorders
- Preventive cardiology (Hypertension, Hyperlipidemia)
- Adjuvant therapy to improve immune system
- Muscular skeletal disorder
- Renal and sexual diseases
- Anemia and malnutrition
- Metabolic disorders (diabetes, obesity)
- Psychiatry and neurological disorders
- Skin disorders

Details of the Consultant-

S. No.	Name of the Consultant	Designation	Qualification	OPD Days	Contact No.
1.	Dr. Shahnawaz Ali	Associate Professor	M.D. (Moalijat)	Monday, Tuesday (Skin OPD), Thursday & Saturday	9310959343
2.	Dr. Naseem Akhtar Khan	Associate Professor	M.D. (Moalijat)	Tuesday, Wednesday, Friday & Saturday (Skin OPD)	9810815997

NAME OF THE DEPARTMENT:- AMRAZ-E-NISWAN-WA-QABALAT (Gynaecology & Obstetrics)

INTRODUCTION OF THE DEPARTMENT:-

The department of Amraz-e-Niswan-wa-Qabalat (Unani) is a clinical department of A&U Tibbia College and hospital Karol Bagh New Delhi to fill the requirement of central council of Indian medicine (CCIM). The department has good infrastructure and adequate number of modern equipment like D&C set, Kocher forceps, Ovum forceps, Suction machine etc. The mission of the department is to strengthen and promote excellence in education, research and patient care in Unani medicine. The department provides clinical training and teaching in Amraz-e-Niswan-wa-Qabalat to undergraduate students (BUMS) and postgraduate students (M.D)

Details of the Consultant:

Sl.No	Name of the faculty	Qualification	Present Designation	Contact. No.
1.	Dr. Ayesha Raza	B.U.M.S, M.D	Associate Professor	9810276509
2.	Dr. Suboohi Irshad	B.U.M.S, M.S	Associate Professor	8010887292

SPECIALITY

- ❖ Normal delivery
- ❖ Neonatal care
- ❖ Counseling for infertility
- ❖ Counseling for family planning
- ❖ Immunization for pregnant women's and neonates
- ❖ Treatment for infertility patient with Unani medicines
- ❖ Treatment for Gynecological disorders with Unani medicines
- ❖ Provide diet chart for pregnant women's
- ❖ Special care for BOH
- ❖ Special care for diabetes in pregnancy
- ❖ Special care for anemia in pregnancy

JARAHAT: (Surgery)

NAME OF THE DEPARTMENT : Department of Jarahat (Arabic equivalent of Surgery)

INTRODUCTION TO THE DEPARTMENT

The department is doing all best efforts for development of Jarahat in clinical training research studies, specialization of the subject and service to the humanity. We are trying to produce best trained teacher/ clinicians to overcome the crisis being faced by Unani Colleges in the field of Jarahat. For this purpose we are not only using unani drugs in surgical patients but also practicing minor surgeries in certain disorders.

SPECIALITIES OF DEPARTMENT OF JARAHAT

1. The department of Jarahat has the distinction of conducting successful research in the treatment of different types of chronic non healing wounds and ulcers.
2. Special treatment for soft tissues injuries.
3. Application of Leeches, Cupping, Venesection, Fomentation, Massage, Exercise, Sitz bath and Cauterization in various surgical diseases.
4. Various classical unani ointments and liniments for local application are being used as a dressing material for healing purposes of different types of wounds, ulcers, burn wound and in other injuries instead of using conventional ointment such as betadine, mercurochrome and others.
5. Minor surgical procedures such as debridement of wounds, drainage of abscesses, excision of benign tumours and cyst, keloid, corn, ganglion and for ano-rectal diseases through modern surgical techniques.

CONSULTANT DETAILS

At present, there are two consultants in the department. They possess good and unblemished academic record and are expert and efficient in their subjects and have a long standing teaching and clinical experiences.

Sl.No.	Name of the faculty	Qualification	Present Designation	OPD Days	Contact. No.
1.	DR. ABDUL NASIR	BUMS, MD	Associate Professor	OPD DAYS: - Monday, Wednesday, Friday IPD DAYS : - Tuesday, Thursday, Saturday	9013291253
2.	DR. DARAKHSHAN KHANAM:	BUMS. MS	Associate Professor	OPD DAYS: - Tuesday, Thursday, Saturday IPD DAYS: - Monday, Wednesday, Friday	9953464936

The daily number of patients in each day range between 70 – 100/ day & I.P.D. patients number range 12 -15 against 10 beds.

NAME OF THE DEPARTMENT: AIN, UZN, ANF,HALAQUE(Eye,ENT Unani)

INTRODUCTION OF THE DEPARTMENT:

The department of Ain, Uzn, Anf, Halaque (Eye,ENT (Unani) is a established clinical department of A&U Tibbia College Karol Bagh New Delhi to fulfill the requirements of central council of Indian Medicine(CCIM), the department have good infrastructure and adequate number of modern equipments like auto refractometer, audiometer, retino scope, ophthalmoscope, otoscope etc. The aim of the Department to better the teaching and clinical training of Ain,Uzn,Anf,Halaque to undergraduate students (BUMS) and start the Post graduation in the subject. Apart from the above the department also providing health care to the public with adoption of Modern technological advancement attending the OPD and IPD of A&U Tibbia College New Delhi.

SPECIALITY:

The department of Ain, Uzn, Anf, Halaque (Eye,ENT (Unani) has the distinction of conducting successfully treatment of all problem related to the Ain,Uzn,Anf,Halaque(Eye,ENT (Unani) wa Asnan with special focus on the following specialized clinical area.

1. Management of Vision Disorder
2. Management of Hearing Loss (Non-Surgical)
3. Treatment of Sinusitis Rhinitis
4. Treatment of Throat Diseases

CONSULTANT DETAILS:

At present there are only one consultant in the Department, the consultant posses good and unblemished academic record and expert and efficient in their subject and have long standing in teaching and clinical experiences.

Sl.No.	Name of the faculty	Qualification	Present Designation	OPD Days	Contact. No.
1.	DR. MAHMOOD AHMED.	(BUMS, MD)	Associate Professor	All Six Days (Monday to Saturday)	9968373585

NAME OF THE DEPARTMENT : Amraz-e-Jild wa Tazeeniyat (Dermatology & Venerology)

INTRODUCTION TO THE DEPARTMENT :

Amraz-e-Jild wa Tazeeniyat (Dermatology and Venerology) is one of the departments in the hospital of Ayurvedic & Unani Tibbia College. Under the said department an OPD on daily basis is run from 9:30 am to 1:00 pm. On an average around 120 patients are being consulted daily for various dermatological conditions and STDs. Majority of patients consulting the OPD are chronic cases of Bars (Vitiligo), Daa-us-Sadaf (Psoriasis), Bahaq-e-Abyaz (Pityriasis alba), Kalaf (Melasma), Barash (Freckle lentigo), Shara (Urticaria), Jarb (Sabies), Hikka (Pruritus), Busoor-e-Labaniya (Acne vulgaris), Qooba (Ringworm), Safa (Fungal infection of scalp), Daa-us-Salab wa Daa-ul-Hayya (Alopecia), Shaib (Premature graying/Canites). Patients from distant places travel to consult the experienced Unani physicians especially for Bars and Daa-us-Sadaf in this OPD. Besides OPD, department has also got indoor patient facility. Depending on the condition, various patients are admitted for proper management in the IPD.

Patients are treated by the Unani drugs both single and compound formulations. In addition to pharmacological treatment, patients are advised to follow prescribed diet and various preventive measures. Besides the above mentioned therapeutic measures, Ilaj-bit-Tadbeer like Irsal-e-Alaq are also utilized for treatment.

Details of the Consultants:

Sl. No.	Name of the faculty	Qualification	Present Designation	Contact. No.
1.	Dr Shahnawaz Ali	MD	Associate Professor	9350927934
2.	Dr Naseem Ahmad Khan	MD	Associate Professor	9810815997
3.	Dr Sheikh Haneef Mohammad	MD	Lecturer	9811545161

Facilities

Patients are offered free therapeutics both in OPD and IPD necessary for the management of their ailments.

Specialty

Department specializes in the management of chronic ailments e.g., Bars (Vitiligo), Daa-us-Sadaf (Psoriasis), etc.

OPD Days

Days: Monday to Saturday

Timing: 9:30 am to 1:00 pm (Monday to Friday)

9:30am to 12:00 pm (Saturday)

NAME OF THE DEPARTMENT :- ILAJ BIT-TADBEER

INTRODUCTION TO THE DEPARTMENT :

In this system of medicine, various methods of treatments are employed and experienced such as dieto- therapy(Ilj-bil-gihza), Surgery(Ilj-bil-Yad), pharmacotherapy(Ilj-Bil-Dawa) and regimental therapy (Ilj bil- Tadbir). In these four types of therapies, now- a- days, the oldest therapy the regimental Therapy is experienced very much and also more popular amongst the indian peoples and it is the hallmark of this system of medicine, therefore, the CCIM(Central council of Indian medicine) proposed and established this therapy as a separate department in the unani system of medicine. In these four types of methods, the Ilj-bil-tadbir is a classical method of treatment and it is related with external therapeutic measure for the treatment of certain chronic diseases . several ailment which could not been controlled or treated successfully through the internal use of medicines but may be cured or controlled to some extent with these regiments(methods), the purpose of applying these methods externally to the body either to expel out morbid and viscid materials (Akhlate-radi) from the body or to divert the toxic or unwanted substances (Akhlate-radi) from the sensitive part to the other parts of body where it may cause no harm or less harm. This is done by applying fasd(Venesection)i.e., blood letting, hijamat (cupping), Irsale-alaq(leeching),cauterization(Daagh),Hamam(bath) etc. To excrete out the unwanted substances from the body. By Applying these Para-surgical regiments like venesection,cupping, cauterization, fomentation etc. We can treat and cure chronic ailing conditions like sciatica, gout, arthritis, osteo-arthritis, haemoptysis, psyzophrania, dystrophy of the muslces, weakness of the muscles, also primary amenorrhoea etc.Fasd(venesection) can also relieve very high blood pressure within a minute for the time being in emergency cases.

Now some clinical trials are going on in some unani centres and institutions in India. I, Myself is doing and applying some methods to the patients like fasd (venesection) in sciatica, painful oteo-arthritis, and cupping(himjamat) in various painful muscular condition in A&U Tibbi College Karol Bagh under the Govt of NCT , Delhi. Encouraging results come in some chronic and some acute conditions of pain in the body.

The only plus point of this system is that the said conditions are treated without the operations and not to give internal medicines but though in these regiments like Riyazat(exercise), Dalak(massage), takmeed(fomentation)etc., are used only some unani(Herbal) oil,drugs,decortations,pastes etc.

Apart from thes regiments ,side by side the patients is kept on unani medicines. These Medicines are given in single form or In combination forms, but single form are preferred over compound formuations.The naturally crude forms of the drugs are toxic but they are processed and purified in many ways before use. The following methods are being adopted here like-

1. Fasd (venesection)
2. Hijamat(cupping)
3. Taleeq(leeching)
4. Dalak(massage)
5. Takmeed(fomentation)
6. Tareeq(Sweating)
7. Hummam(Turkish -Bath)
8. Qae(vomiting)

9. Ishaal(Purgation)
10. Enema(Huqna)
11. Nutool(irrigation)
12. Lakhkha(Innhalition) etc. etc.

Facilities

Basically it is the department of ilaj-bil-Tadbir so we do some therapies here for any type of pain within the body. Patient is treated here by the classical method of Unani system of medicine and side by side administration of unani drugs, and all these drugs are side- effect free. Except pain cure, we also treats the patient who have paralysis and any type of muscular dystrophy of body .

Speciality

Ilaj-Bil-Tadbir(Regimental Therapy)

Consultant Detail

S. No.	Name of the Faculty	Designation	Qualification	OPD Days	Contact no.
1.	Dr. M. Arshad Ansari	Associate Professor	M.D. (Alig.)	Mon to Sat: Timing 9.30 am to 01.00 pm.	9990321472

Name of the department: Amraz-e-Atfal (Paediatrics)

Introduction	Amraz-e-Atfal is one of the fourteen departments in Unani. It deals with pediatric disease.
Facilities	<p>X-rays, ECG, Lab facilities, physiotherapy, neonatal resuscitation and vaccination. The department runs OPD on daily basis with basic facilities of diagnosis and treatment of the disease and vaccination on every Wednesday.</p> <p>The department performs the procedures like cupping, dalak, lape, bhapara and many other unani procedures.</p> <p>Dalak (massage), bhapara (fomentation) and lape (application of medicines) for muscular dystrophy, CNS disorders.</p> <p>Cupping therapy is used to treat various disorders like myopathies, CNS disorders, myalgia etc.</p> <p>Nutool- for CNS disorders in children</p> <p>Huqna (medicinal enema)- cerebrospinal disorders in children.</p> <p>Munzij (decoction of herbs) is given for the treatment of all chronic diseases.</p> <p>Mushil (purgative medicine) is</p>

	given after muzij therapy.
Specialities	CNS disorders, myopathies and chronic diseases in pediatric patients.
Consultant details	Dr. Fahmida Kousar, MD
OPD days	Dr. Fahmida Kousar, Monday, Tuesday, Wednesday, Thursday, Saturday Dr. Suboohi Irshad, Friday

Department also conduct all the National health programmes and health talks for all pediatric age group and mothers.



